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## **THE NEGATIVE IMPACT OF THE FAMILY INSTITUTION CRISIS ON SPIRITUAL EDUCATION**

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### **Abstract:**

This article analyzes the crisis of the family institution and its negative impact on spiritual education in society. The article emphasizes that the family is an important social environment in the formation of human spirituality and values. In recent years, factors such as the increase in the number of divorces, the weakening of parental responsibility, and gaps in child upbringing indicate that the family institution is facing a crisis. This situation negatively affects the moral views, social relations, and civic responsibility of the younger generation. The article also provides suggestions and recommendations on ways to ensure family strength, strengthen spiritual education, and raise young people as well-rounded individuals.

**Keywords** Family, spiritual education, family crisis, morality, youth, marriage, migration, aggressive instability.:

The family is one of the most important social institutions of society. It is within the family that a person first learns the highest values such as morality, spirituality, respect, compassion, and patriotism. The stability of family values is the guarantee of a society's moral well-being and sustainable development. However, under the conditions of globalization, information pressure, and growing economic and social problems, crisis phenomena are increasingly observed within the family institution. These trends directly and negatively affect the moral upbringing of the younger generation.

One of the main pillars forming the moral foundation of society is the family. An individual's worldview, ethical qualities, and values are primarily shaped within the family. Therefore, issues of spiritual and moral education and family have always been among the most relevant topics in ensuring social progress and the upbringing of a well-rounded generation.



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Spiritual education is the process of shaping an individual's inner world, moral character, and aesthetic outlook on the basis of social values such as patriotism, humanism, patience, and honesty. The family is the first school of spiritual upbringing. Within the family, a child learns for the first time the concepts of good and evil, respect and deference, compassion and forgiveness. Parents serve as examples for their children—their behavior and attitude toward values directly influence the formation of the child's personality. Therefore, the emotional warmth, patience, and responsibility that prevail within the family environment largely determine the effectiveness of moral education.

In recent years, a number of issues have been observed within the family institution:

- An increase in the number of divorces;
- Parents' neglect of their educational responsibilities;
- The emergence of emotional gaps in families due to labor migration;
- The negative influence of social media on family relationships;
- The weakening of domestic culture and moral unity.

According to statistical data, in some regions, every third marriage ends in divorce. This situation causes serious psychological and moral harm to children. A child matures not only physically but also spiritually within the family. If love, patience, respect, and unity are lacking in the home environment, the following negative outcomes may arise in the child:

- Indifference toward society;
- Aggression and psychological instability;
- Neglect of moral norms;
- Inclination toward lies and violence;
- Difficulty in self-identification.

Education is a continuous and consistent process. Today, President Shavkat Mirziyoyev pays special attention to issues of spiritual perfection and upbringing. In his video conference dedicated to youth affairs, the President stated: "The more spiritually mature our youth are, the stronger will be their immunity against various alien vices" [1]. Family crises disrupt this continuity, and as a result, young people enter life morally unprepared.



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### Global Factors and Contemporary Challenges

- The Internet and social networks: virtual life weakens real family ties and reduces parental control.
- Economic pressure: financial difficulties often lead to conflicts within families.
- Cultural and informational influence: exposure to foreign cultural models distances youth from their national values.

### Ways to Restore Spiritual Education and Strengthen the Family Institution

- Promoting family values (for example, “Family School” projects);
- Organizing premarital preparation and family psychology courses;
- Improving parents’ pedagogical literacy;
- Showcasing positive family examples in mass media and social networks;
- Strengthening state and public cooperation in supporting the family environment.

### Strengthening Spiritual Education within the Family

- Raising parents’ educational and moral awareness;
- Encouraging open and active family communication;
- Educating children through reading, national traditions, and moral values;
- Preserving and developing family traditions;
- Making parents exemplary models for their children.

Furthermore, strengthening state and social policies aimed at morally supporting families, and promoting healthy family relationships through the media, play an important role in shaping moral stability.

Family and spiritual education are inseparable concepts. To bring up a well-rounded generation, it is necessary first to strengthen the family and its moral foundations. The stronger the parents’ upbringing, the healthier and more stable the society becomes. Therefore, enhancing spiritual education based on family values is one of the most urgent tasks of our time.

The stability of the family institution is the moral foundation of any society. When this foundation weakens, moral crises, violence, indifference, and ignorance grow stronger within the community. Hence, today it is crucial to protect the family institution from crises and to strengthen it as a means of raising the level of spiritual and moral education. This is a pressing duty shared by the state, society, the education system, and above all, every parent.



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