



THE ROLE OF RELIGIOUS PSYCHOLOGY IN PERSONAL EDUCATION

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ABSTRACT

In this article discusses about the essence of the concept of religion, its role in human life, the functions of religion, the importance of religion in the upbringing of a person in a period in which today's globalisation process is intensified. The article also presents the latest research on the topic, new developments and scientific opinions with their meaning. At the same time, the article provides a comprehensive analysis of how the psychology of religion influences the spiritual development and goals of a person.

Keywords: Religion, trust, value, perfect human, integration, psychology of religion, spiritual development, religious experience, ideas and practices compensation, legitimization.

INTRODUCTION

The historical achievements of Uzbekistan in the years of independence have prepared a solid ground for achieving new and higher goals. During the years of independence, great importance was attached to restoring our national and religious values, instilling them in the hearts and minds of the future generation, as well as to enable the mature generation to be able to compare national and religious values and feel spiritually. If we take into account that the society consists of different social strata, ethnic and cultural groups, the issue of social solidarity, inter-ethnic and inter-religious harmony occupies an important place in the life of society and state policy. The word "religion" is derived from the Arabic language, and its dictionary meaning is "faith", "belief". Religion is nature, society, man and his consciousness, the purpose and destiny of life is outside the environment that directly surrounds humanity, it created it, it shows people the right, true, just way of life and It is a



profession, a view, a doctrine that expresses trust and belief in the divine power that teaches.

LITERATURE ANALYSIS AND METHODOLOGY

Studying the role of religion in personal education is one of the most urgent issues in today's era of rapid globalization. World researchers conducted scientific research on the psychology of religion. In particular, Western scientists J. Pratt, G. Hull, D. Wolff, and D. Myers studied the role of religion and psychology in children's upbringing and morality in their research. U. James, Z. Freud explained the theoretical aspects of the psychology of religion in their works. Russian scientists have also conducted research on the role of religion in personal education. In particular, in the works of E.I.Arinin, V.V.Davidov, and A.G.Safronov, the role of religion and religious values in the life of a person is studied from a scientific point of view. The scientists of our country paid attention to some aspects of the psychology of religion in their works. For example, N. Boymurodov explained some aspects of the influence of religion on the education process of F. Abdurahmanov in the "Practical Psychology" textbook. In Z. Abdurahmanova's scientific studies, the importance of the psychology of religion in the life of individuals and society was studied and certain conclusions were stated. S.K. Kamilov studied the specific features of the development of the psychology of religion in the conditions of globalization in his thesis for the candidate of philosophical sciences.

DISCUSSION

Religion is a spiritual and moral force that has the main educational power in raising a perfect person. According to its essence, religion instills good feelings such as purity and kindness in the hearts and minds of people. Religion always invites people to do good and good deeds, it is a service for the formation of high human qualities. Thanks to religion, the rich spirituality, heritage, and identity of peoples have been preserved for thousands of years. The main peculiarity of the psychology of religion is that it explains that the source of religion is not in the world surrounding a person, but in the person himself, in his inner world. At the same time, it is emphasized that the basis of religion is not in the intellectual, but in the emotional



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and spiritual world of a person. Religion fulfills a number of social, spiritual and spiritual tasks in society: First, any religion fulfills the function of complementing, consoling and compensating for its believers and has a great impact on personality formation. For example, let's take the phenomenon of the formation of a permanent need in a person: When it seems impossible for a person to achieve his life goals in the course of his personal life, lifestyle, relationships with nature and society, he feels the need for some kind of spiritual and spiritual need. Secondly, when a particular religion creates its own teaching system, it tries to keep its followers within the framework of this teaching. This social phenomenon is called unification - integration function of religion. Religion always seeks to encompass a particular social, ethnic and spiritual life. In order to ensure its regularity, religion was able to be closely connected to the social life of peoples, as well as literature and art. Thirdly, each religion organizes the life of its people and fulfills a supervisory and regulatory task. Religions make it a condition that their customs, ceremonies and holidays be performed by their people on time and in strict order. Fourthly, religion fulfills the communicative task of connecting, unifying, that is, each religion strives to ensure the unity of its people, the interaction of society and the individual. This means that people who believe in one or another religion are related to other people of their religion, have mutual rights and duties, and must perform customs and prayers as a group. Fifth, religion performs the function of legitimization. The theoretical basis of this function of religion was developed by the great American sociologist T. Parsons. In his opinion, any social system cannot exist without certain restrictions. For this, he must develop moral norms that rise to the level of law. Religion not only legislates such norms, but also determines the attitude towards them. Sixth, there are also philosophical and theoretical aspects of religious duties. This task is to show a person the purpose of living, the meaning of life, and his attitude to the issues of darulfano and darulbaqo. Religion is closely connected with the spiritual world of a person and is always with him in his social life. That is why studying religion means studying humanity. Religion cannot be separated from humanity, and humanity cannot be separated from religion. The most important theoretical approaches in the field of psychology of religion and their practical implications include: Religion and Spirituality: In the psychology of religion,



understandings and studies of religion's purpose and meaning in human spirituality are important. These concepts help to satisfy the spiritual needs of a person, to determine the meaning and goals of one's life. Religious experiences and ideas: People fulfill their spiritual needs through religious experiences and ideas. The psychology of religion studies these experiences and ideas and aims to explain their influence on human psychology. Spiritual development: The role religion plays in the spiritual development and transformation of people is an important part of the psychology of religion.

RESULTS

Nowadays, the correct and analytical study of religion has become one of the urgent issues in the formation of the national idea and ideology of independence and instilling it into the minds of young people. Today, we are witnessing that the process of globalization has an impact on ideological and ideological processes. At present, in a situation where profound changes are taking place in the geopolitical, economic and social landscape of the world, information communication, and the conflict of different ideologies is taking a sharp turn, opinion against opinion, idea against idea, ignorance against ma The fight against poverty is more important than ever. It is no secret that the number of forces trying to use religion as a mask and turn it into an extremely powerful tool of ideological influence has increased. Religion and religious values have always called people to goodness and good deeds, and based on holy beliefs, served to form high human qualities in a person, and have been a great teaching that calls humanity to perfection.

However, life itself shows that in some cases there are those who falsify religion and use it for their own personal interests, and these negative events can cause unexpected tragedies in the development of society. Unfortunately, faith, which is an integral part of religious consciousness, is used not only as a constructive force, but also by those who have destructive ideas as their goal. This causes various threats to the entire human society, including the independent state of Uzbekistan. These acts based on violence threaten the peaceful existence not only of Uzbekistan, but also of all the countries of the world. It is not a secret to anyone that those who misinterpret the religion, especially Islam, and try to use the religious values and



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respect of the people for their evil intentions, cause big problems today. Solving these problems, revealing the principles of pure humanism not only of the Islamic religion, but also of the world religions, is one of the urgent issues of today. The President of the Republic of Uzbekistan, Shavkat Mirziyoyev, in his speech at the UN podium, said that it is the most important task to convey the true humanitarian essence of Islam to the entire world community. "We highly value our holy religion as the embodiment of our ancient values. We strongly condemn those who associate our sacred religion with violence and bloodshed, and we will never compromise with them. Islam calls us to goodness and peace, to preserve the original human qualities, if we can properly propagate the religion of Islam, if we can convey it to the people, then the children in other countries who disguise the religion of Islam and walk on other paths, it is inevitable that such things as terrorism and religious fanaticism will be foreign to us," said President Shavkat Mirziyoyev at the UN podium. On the other hand, they showed the important principles of interaction of Uzbekistan as a secular state with religious organizations. According to him: - respect religious feelings of believers; - recognizing religious beliefs as the private business of citizens or their associations; - to guarantee the equal rights of citizens who adhere to religious beliefs and those who do not adhere to them, and to prevent their persecution; - the need to look for ways to communicate with various religious associations in order to use the opportunities of different religious associations in the work of spiritual revival, determination of universal moral values; - preventing the use of religion for subversive purposes should be considered a programming policy of Uzbekistan.

CONCLUSION

In conclusion, we would like to emphasize that in the Republic of Uzbekistan, the issue of religion cannot be ignored at a time when the task of forming a morally perfect person is set before the intellectuals. All religions of the world are based on the ideals of goodness and rely on qualities such as goodness, peace, friendship. Religion calls people to honesty and purity, kindness, brotherhood and tolerance. A person cannot be highly spiritual without knowing and respecting national and religious values.



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