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LITERARY STUDIES IN ARTISTIC PSYCHOLOGISM AND THE USE OF PORTRAIT METHOD

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Annotation:

This article explores the importance of the portrait method in artistic psychologism and its various forms of expression. It analyzes the static and dynamic types of the portrait method, as well as the roles of dynamic, typological, and analytical methods in portraying characters' inner worlds and psychological states. By providing examples from world and Uzbek prose, it shows how the portrait method effectively reflects characters' external appearances and internal changes. In conclusion, the portrait method is an important tool for vividly and fully expressing characters in literary works, significantly enhancing readers' interest in the text.

Keywords: Artistic psychologism, portrait method, character psychology, inner world, character depiction, dynamic method, typological method, analytical method, psychological changes, psychological analysis, character development, character type, psychological novel, drama, external appearance.

Introduction

Artistic psychologism is a key principle in literature that helps to express characters' psychology, inner worlds, and traits in a deep and lively way. Various methods are used to create characters, each helping to reveal unique aspects of the protagonist. This article discusses the role and importance of the portrait method in artistic psychologism, as well as the dynamic, typological, and analytical methods of character description. It examines how characters' external appearances and internal states are portrayed through the portrait method and highlights the differences between static and dynamic portrait types.



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When discussing how to portray characters' psychology and inner worlds, we focus on three main principles: dynamic, typological, and analytical methods. Each has its own distinct features and uses.

Dynamic Method

This method focuses on showing how a character's psychology and personality change over time. In the dynamic method, characters develop under the influence of internal and external factors, and their emotional states, decisions, and actions change. This method is mainly used in literary works to illustrate a character's growth or decline. Through dynamic descriptions, the reader or viewer can clearly see the character's inner struggles and development process.

Typological Method

In the typological method, characters are based on specific character types or stereotypes. For example, a brave hero, a wise teacher, or a loyal friend. This method helps to introduce characters quickly and show their main traits. The typological method is often used in folklore, fairy tales, and some genres of creative writing because characters are clear and easily recognizable types.

Analytical Method

The analytical method is based on a deep and detailed analysis of a character's inner world. In this method, the character's psychological state, motivations, emotions, and beliefs are thoroughly studied. The analytical method is often used in psychological novels, dramas, and scientific research. This approach reveals the complexity of the character and makes them more vivid and realistic.

In general, these methods complement each other and are often used together in many works. The dynamic method develops the character, the typological method introduces them quickly, while the analytical method provides a deep analysis of them. If you need practical examples to explain these methods, let me know, and I will help.

Artistic psychology is a broad and complex concept, and its expression possibilities are not limited to just three types of description methods. A writer can also use other



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forms of expression and description tools to artistically interpret the characters' psyche. Before discussing the use of portrait methods in artistic psychology, it is important to note that one of the functions of a portrait is to illuminate the character. The "Literary Vocabulary" provides an explanation of the term "portrait," confirming this idea: "...the external appearance (face, body, clothing, facial expressions, body posture and movements, behaviors) of a character described through words creates a full image of a person in the reader's mind and is one of the means to reveal their character." (emphasis added).

Since human character is complex and multifaceted, it cannot be deeply described in just a few words. To incorporate a character's behavior, thoughts, and feelings into a work, there is a need to describe their external appearance, facial expressions, and body movements. Therefore, special attention is paid to using portrait methods when illuminating the characters' inner world. Theoretical literature often mentions that there are two types of portraits. In a static portrait, the events of the work are temporarily paused, allowing for a detailed description of the character's appearance, facial expressions, clothing, and movements.

Theoretical literature frequently discusses the existence of two types of portraits: static and dynamic. In the static portrait you described, the events of the work are briefly halted to provide a detailed and clear depiction of the character's external appearance, facial expressions, clothing, and movements. This type of portrait helps readers or viewers understand the character's physical appearance more deeply. A dynamic portrait reveals the character's inner emotional state, feelings, mood, and changes occurring throughout the events. In this type of portrait, not only is external appearance important but also the character's inner world, motivations, and emotions play a significant role.

Thus, a static portrait emphasizes external appearance more, while a dynamic portrait reflects the character's internal changes. These two types are often used together to create a more complete and vivid portrayal of the character. In a dynamic portrait, several descriptions and details about the character's appearance may be included during the expression and narration process without providing an exhaustive description of their physical appearance.



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In both world and Uzbek prose, special attention is given to the use of portrait methods in expressing artistic psychology. In the novel "Anna Karenina," the ball in St. Petersburg serves as a setting where Anna's grace, unmatched beauty, and beautiful inner world are skillfully reflected through Kitty's perspective. "Now Kitty saw Anna in a completely new, unexpected light. She understood that Anna could not be overshadowed by her violet dress and makeup; when she stood out, her natural beauty shone brightly. Therefore, the lavish black dress she wore was hardly noticeable; it was just a frame, and within it, only Anna herself appeared—simple, natural, delicate, yet lively and spirited". [Толстой Л.Н. Анна Каренина. – Тошкент: Фафур Фулом номидаги адабиёт ва санъат нашриёти, 1980. –102-103-.]. By describing Anna's dress and makeup, great value is placed on her beauty and grace that surpass any clothing or adornments. Kitty, who could not attract the attention of Vronsky, feels weak and humiliated in the presence of this unmatched beauty. She realizes that it is Anna's hidden inner beauty that has captivated Vronsky. The beauty of the character's inner world expressed through a static portrait plays a significant role in developing the story's character logic until the end. What captivates Vronsky about Anna is not just her striking appearance but also her "simple, natural, delicate, yet lively" personality and inner world.

In our national prose, some of the best creative experiences regarding the use of portrait methods to express artistic psychology can be found in the novels of Abdulla Qodiriy. In "O'tkan kunlar," while introducing readers to Mirzakarim's courtyard structure, the narrative momentarily pauses to provide a static portrait that hints at Kumush's inner world and emotional turmoil. "We see a girl lying awake on a bed with an atlas blanket and a feather pillow, either cold or for some other reason (the emphasis is ours – ...). Her black hair is spread haphazardly across the pillow, and her dark eyes are fixed on a point as if she has seen something... Her deep black eyebrows are slightly furrowed as if startled by something... When her smooth white face turns slightly pink, it seems as if she is shy about someone..." [Qodiriy A. O'tkan kunlar. Tashkent: "Turon zamin", 2023. – 416 p.].

The writer hints at a mysterious event by painting Kumush's portrait, showing the changes in her spirit through her eyes, eyebrows, and facial expressions. The author notes that "her dark, curly lashes frame her deep eyes, which are fixed on a point as



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if she has seen something..." [Qodiriy A. O'tkan kunlar. Tashkent: "Turon zamin", 2023. – 416 p.]. This suggests that Kumush has seen Otabek by the canal. When it describes her "black eyebrows slightly furrowed as if startled by something..." it indicates that she is feeling uneasy and is facing delicate emotions that are new to her. As a result, it becomes clear that dynamic, typological, and analytical methods are important approaches for depicting the characters' psychology and inner world. Static and dynamic portraits serve as effective tools for accurately reflecting a character's appearance and inner state. With these approaches, characters in literature are created in a deeper, more vivid, and interesting way, leaving a strong impression on the reader. Thus, each method and type of portrait plays its own important role in describing characters and enriches the overall meaning of the artistic work.

In summary, the artistic expression of psychology through portrait techniques is an important tool for revealing both the inner and outer aspects of characters. Dynamic, typological, and analytical methods present the characters' emotions and traits in different ways, each serving its own unique purpose. A static portrait provides a detailed description of a character's appearance, allowing the reader to visualize the hero, while a dynamic portrait shows their inner changes and emotional state vividly. Thus, different forms of portrait techniques create opportunities to describe characters in a fuller and more interesting way in artistic works. This increases the reader's interest in the work and helps them connect more deeply with the characters and enriches the overall meaning of the artistic work.

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