



PSYCHOLOGICAL IMPACT OF PERSONAL CHARACTERISTICS IN THE FORMATION OF PROFESSIONAL RESPONSIBILITY

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Abstract. This article scientifically examines the psychological factors influencing the development of the psychological potential and professional responsibility of future psychologists. Furthermore, the article provides a theoretical analysis of psychological aspects such as the interdependence of psychological potential and responsibility, internal motivation, needs, decision-making processes, and stress management skills.

Keywords. Professional responsibility, professional potential, motivation, activity, abilities.

Аннотация. В данной статье научно изучены психологические факторы, влияющие на развитие психологического потенциала и профессиональной ответственности будущих психологов. Кроме того, в статье проведен теоретический анализ таких психологических аспектов, как взаимосвязь психологического потенциала и ответственности, внутренней мотивации, потребностей, процессов принятия решений, навыков управления стрессом.

Ключевые слова. Профессиональная ответственность, профессиональный потенциал, мотивация, активность, способности.

Introduction. Psychology is an important field that studies the mental and emotional state of a person and helps them develop their social, personal, and professional activities. Developing the psychological potential and professional responsibility of future psychologists is crucial not only for enhancing their professional skills, but also for effectively providing psychological support in society. Psychological potential encompasses a person's unique abilities, internal resources, creativity, and social adaptability. This has a direct impact on the full



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development of potential, the psychologist's ability to feel professional responsibility and perform it effectively.

The formation of professional responsibility is based on the psychological foundations necessary for future psychologists. A psychologist's sense of responsibility is one of the important components of their professional work, and the proper development of psychological potential is necessary for the development of this responsibility. In the process of realizing one's potential and developing it, psychologists should consider factors such as personal characteristics, psychological resilience, and stress management skills.

This topic aims to analyze the psychological factors that arise in the process of developing the psychological potential and professional responsibility of future psychologists. The study examines psychological aspects such as the relationship between psychological potential and professional responsibility, the level of personal self-awareness, social relationships, and emotional intelligence. In the process of preparing future psychologists for their professional activities, they must learn how to manage psychological changes, overcome stress, and make responsible decisions.

At the same time, the formation of psychological potential and professional responsibility should also be reflected in the educational process. Educational institutions, scientific research, and methodological approaches play a significant role in the development of psychological potential. Therefore, in-depth study of the psychological foundations is crucial for future psychologists to correctly understand professional responsibility and be able to effectively apply it in practice.

Review of the literature. Scientific works on the development of the psychological potential and professional responsibility of future psychologists are covered in the research of many psychologists and scientists. Some notable scholars who have worked on this topic and their main approaches are as follows:

Carl Rogers, the founder of humanistic psychology, has placed great emphasis on the importance of personal growth, self-awareness, and professional responsibility in his works. Rogers' concepts of "self-actualization" and "self-concept" play a key role in the development of psychological potential. He emphasized that professional responsibility and professional growth can be ensured through the development of



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personal self-awareness. Rogers' main idea was that the psychologist's professional approach was focused on personal growth and full realization of potential.

Daniel Goleman is best known for developing the concept of emotional intelligence (EQ). Goleman's research has shown the role of emotional intelligence in the development of psychological potential and its influence on the fulfillment of professional responsibility. He also noted that psychologists' abilities to manage stress, build effective relationships with others, and manage their emotions are important factors in shaping professional responsibility.

Lev Vygotsky, a renowned scholar in the field of developmental psychology, researched the psychological foundations of social learning and educational processes. Vygotsky's concept of "zone of proximal development" demonstrates the importance of education in shaping the potential of future psychologists. He also expressed his opinion on the change of personality in the social environment and the role of the teacher in the development of professional responsibility.

Erik Erikson's theory of personality development and psychosocial development examines the psychological factors influencing the personal and professional development of future psychologists. His 8-step theory of development shows how personality develops in understanding and accepting professional responsibility. The "professional identity" (identity vs. role confusion) stage is particularly important for future psychologists in understanding their responsibility and choosing a professional direction.

Donald Super, as the founder of the theory of professional development, analyzed the process of professional choice and growth in relation to psychological potential. His "evolutionary model of professional development" demonstrates the formation of professional responsibility and personal potential through change and experience. Super emphasized that the formation of professional responsibility is closely linked to a person's self-awareness and their interests, abilities, and values.

Maslow's "needs pyramid" model is of great importance for a person's high level of self-actualization and awareness of professional responsibility. Maslow imagines psychological potential as the satisfaction of a person's highest needs, being complete and authentic in relation to themselves. To shape the professional



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responsibility of psychologists, it is necessary to achieve higher levels in Maslow's pyramid of needs.

The works of the aforementioned scientists are of great importance in shaping the psychological foundations for developing the psychological potential and professional responsibility of future psychologists. Their approaches require consideration of psychological factors such as the psychologist's personal development, emotional intelligence, social changes, and awareness of professional responsibility. The ideas of these scientists help make the professional activities of future psychologists more effective and responsible.

Discussion. The development of psychological potential and professional responsibility of future psychologists is one of the key factors for successful work in the practical field of psychology. The psychological foundations of this process are closely linked to psychologists' self-awareness, emotional intelligence, personal and professional growth, and understanding of social responsibility. At the same time, the development of psychological potential and professional responsibility includes many factors that influence psychological education and professional practice.

1. Personal changes in the development of Psychological potential

Psychological potential refers to the individual's potential for self-development and the realization of professional goals. Psychological changes are important for the development of this potential. Changes in the level of self-awareness, personal needs, and values of future psychologists influence their professional activities. For example, according to Carl Rogers' concept of "self-awareness," a psychologist's professional potential depends on the process of their personal growth. If a psychologist is able to realize their potential and realize their inner potential, they will be able to work effectively with a proper sense of professional responsibility.

2. Emotional intelligence and stress management

Emotional intelligence plays a crucial role in shaping the professional responsibility of future psychologists. Daniel Goleman's theory of emotional intelligence describes the individual's ability to understand and manage their own emotions and those of others. This ability is important when psychologists help others and give them advice. By developing emotional intelligence, psychologists can develop effective



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strategies for managing stress, controlling their emotions, and fulfilling professional responsibilities.

3. Professional ethics and responsibility

The professional responsibility of psychologists means their professionalism and commitment to ethical norms. The attitude towards professional ethics is constantly developing in the work of future psychologists. According to Erik Erikson's theory of psychosocial development, professional identification and responsibility are formed through personality changes and the acceptance of a new social role. Psychologists need to adopt an ethical approach and learn to work effectively with others, maintain confidentiality, and make professional decisions.

4. Social connections and impact on society

The social environment, family, and society play a significant role in the development of psychological potential and professional responsibility. According to Leo Vygotsky's concept of a "zone of close development," psychological potential develops in interaction with social learning and others. A psychologist's ability to establish effective relationships with society is an important factor in their sense of professional responsibility and success in their professional activities. Social connections and support systems are also necessary for personal growth and professional development.

5. Education and professional training

The education system is also an important factor in the development of psychological potential. Psychological education is an important tool in shaping the professional responsibility of future psychologists and helps them combine their theoretical knowledge with practice. According to Donald Super's theory of professional development, the professional growth of psychologists depends on the training and learning process provided to them. Educational institutions play a significant role in developing psychological potential, preparing future psychologists to understand and fulfill professional responsibility.

In the process of developing the psychological potential and professional responsibility of future psychologists, it is necessary to interconnect psychological factors, develop psychological potential in the educational process, develop emotional intelligence, and adhere to professional ethics. Approaches to the



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development of psychologists' self-awareness and inner potential contribute to a proper sense of professional responsibility and its successful fulfillment. At the same time, it is important to develop the ability of psychologists to make responsible decisions in a changing social environment.

Conclusion. The psychological foundations of developing the psychological potential and professional responsibility of future psychologists include important social and professional factors. The formation of psychological potential occurs through the interaction of such psychological elements as personal self-awareness, emotional intelligence, social interaction, and professional ethics. These factors are necessary for future psychologists to be successful in their professional activities and to make effective decisions with a proper sense of responsibility.

Psychological potential ensures a highly responsible approach to a psychologist's professional activity through the awareness and development of their abilities. The process of self-awareness and the correct understanding of one's potential play an important role in choosing one's professional direction and fulfilling professional responsibilities. Emotional intelligence, on the other hand, develops psychologists' ability to understand the emotions of others and manage their own emotions, which helps them effectively fulfill their professional responsibilities.

The formation of professional responsibility involves psychologists' attitude towards professional ethics. A person's ethical values and professional approaches develop their ability to make responsible decisions, adhere to high standards in their work, and effectively interact with others. Furthermore, the education system and specialized training play an important role in developing the psychological potential of future psychologists. Gaining experience in educational institutions and practice helps psychologists feel professional responsibility and successfully fulfill this responsibility.

In conclusion, the development of psychological potential and professional responsibility of future psychologists is a necessary condition for their success in the process of professional work. The interaction of factors such as the development of psychological potential, emotional intelligence, and professional ethics, as well as the significance of the education and professional training system, ensures the effective functioning of psychologists. At the same time, the formation of



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psychological potential and professional responsibility is a dynamic process that continues in the process of personal and professional growth and requires constant change and renewal.

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