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**THE IMPORTANCE OF SPIRITUAL AND EDUCATIONAL EVENTS  
HELD IN STUDENT RESIDENCES IN INCREASING THE SOCIAL  
ACTIVITIES OF YOUTH  
(IN THE EXAMPLE OF KARSHI STATE UNIVERSITY)**

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**Abstract.** This article provides a detailed analysis of various events organized in student dormitories and their importance in the formation of a harmonious generation, the goals and objectives of these events, as well as their results, using the example of Karshi State University.

**Keywords:** Student dormitories, sports competitions, psychological training, health events, cultural literacy

## **Introduction**

Student dormitories (SDU) are one of the important components of higher education institutions, and this place is not only a place to live, but also an environment that serves the spiritual and intellectual development of young people. Spiritual and educational events organized in SDU are of great importance in broadening the worldview of young people and educating them on the basis of national and universal values. This article analyzes the importance of these events and their role in the process of education and upbringing.

## **Literature Analysis**

The study of the topic used the works of the President of the Republic of Uzbekistan, legislative documents, minutes of events held on the topic, periodicals, and materials from the current archive of the Karshi State University.



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### Methods of Research

In the process of studying the topic, attention was paid to comparative analysis, systematic analysis of the collected data, and chronological consistency based on the principles of historicity.

### Research Results

Karshi State University currently has 10 student dormitories, accommodating 3,038 students. 55 percent of the students living in these dormitories are 1st-year students, 20 percent are 2nd-year students, 15 percent are 3rd-year students, and 10 percent are 4th-year students [1]. In order to spend their free time meaningfully, various spiritual and educational activities are held.

Purpose and importance of spiritual and educational activities. Spiritual and educational activities held at the dormitories pursue the following main goals:

1. Increasing students' sense of national pride and patriotism - strengthening love for their country in young people by promoting historical figures, national traditions, and values.
2. Increasing scientific and cultural literacy - increasing students' interest in learning through reading evenings, scientific seminars, and creative meetings.
3. Strengthening social activity - encouraging students to actively participate in community life, increasing their social responsibility.
4. Promoting a healthy lifestyle among young people - strengthening the physical and mental health of students through sports competitions, psychological training, and healthy lifestyle activities.

The events held at the SDU can be divided into the following types:

- Literary and artistic evenings - meetings with famous writers and poets and book discussions;
- Spiritual and educational seminars and round tables - scientific discussions on history, philosophy, politics, social problems;
- Patriotic events - meetings organized on the occasion of historical dates, national holidays;
- Theater and art events - performances staged by students, musical performances;



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- Sports competitions and promotion of a healthy lifestyle - football, chess, running competitions and health seminars [2].
- Regularly holding spiritual and educational events at the SDU leads to the following results:
  1. Students' worldview expands - they become more familiar with current issues related to the life of society.
  2. Intellectual and creative potential is developed - through creative meetings and debates, students learn to express their thoughts clearly and fluently.
  3. Social cohesion among young people is strengthened - students at the TJU live in a spirit of friendship and solidarity.
  4. Immunity against negative vices is formed - propaganda against drug addiction, religious extremism and other harmful trends is strengthened.

## Discussion Results

During the 2021-2022 academic year, a number of works were carried out at Karshi State University to meaningfully organize the free time of students living in dormitories, create sufficient conditions for their quality education, and provide comprehensive support to talented students, as well as to widely involve students in culture, art, and sports, to form the skills of using information technologies correctly, to widely promote reading among them, and to ensure the employment of women within the framework of 5 important initiatives put forward by the President of the Republic of Uzbekistan. In particular, an annual action plan was developed to further increase the spiritual and scientific potential of students, and during the academic year, in all dormitories: 145 entertainment and spiritual events aimed at increasing students' interest in music, painting, literature, theater, and other types of art, and revealing their talents; sports and recreation events, competitions and contests aimed at creating the necessary conditions for the physical training of young people and the manifestation of their abilities in sports - 190; events, online quizzes and contests aimed at organizing the effective use of computer technologies and the Internet among students and young people - 61; spiritual and educational events, competitions and contests aimed at organizing systematic work to raise the morale of young people and widely promote reading among them - 87; 84 events, round



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tables, and psychological trainings were organized to increase the social activity of women, educate them as practical professionals, and prepare them for family life [3], 137 entertainment and spiritual events aimed at increasing students' interest in music, painting, literature, theater, and other types of art, and revealing their talents during the 2022-2023 academic year; 180 sports and recreation events, competitions, and contests aimed at creating the necessary conditions for the physical training of young people and the demonstration of their abilities in sports; 51 events, online quizzes, and contests aimed at organizing the effective use of computer technologies and the Internet among students; spiritual and educational events, competitions and contests aimed at organizing systematic work to raise the spirituality of young people and widely promote reading among them - 124; events, round tables, psychological trainings aimed at increasing the social activity of women, educating them as practical professionals and preparing them for family life - 74 were organized [4]. In addition to helping young people spend their free time meaningfully, these events also effectively serve to increase their social activity and expand their knowledge. On January 23, 2025, an event on the topic "Internet and the culture of using it" was held in student dormitory No. 2. It was attended by university prevention inspectors M. Jabbarov, D. Roziyeva, deputy deans of the Faculty of Physics F. Muqimov, N. Odilova, teacher of the Department of Algorithms and Programming Technologies I. Razzokov, and students of the faculty. This event serves to promote targeted and effective use of Internet networks by students [5].

## **Conclusion**

Spiritual and educational events held in student dormitories serve the personal and professional development of young people. They are an important factor in the intellectual, cultural and spiritual development of students, helping to shape them as complete individuals. Therefore, further improving such events, increasing their quality and effectiveness is one of the urgent issues of today.



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