



A NEW STAGE IN HEALTH CARE REFORM THAT IS, ABOUT MEDICAL TOURISM AND ITS DEVELOPMENT

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In order for a person to be perfect in all respects, to be able to run, swim, walk fast and beautiful, to have healthy limbs, and to be always ready for work and defense, he must be a perfectly healthy person with equal physical and mental abilities. In this case, a person's attention to himself is very important. But at the same time, there is a place for medicine and medical tourism. Today we will talk about a new stage in the reform of the health sector - the development of medical tourism.

Medical tourism is a relatively new concept for Uzbekistan, and it is already practiced in the world. This direction has emerged at the intersection of two industries - health and tourism.

Its goal is to help patients with a variety of illnesses find the most appropriate clinic in terms of price and quality to diagnose, treat or rehabilitate. In addition, medical tourism provides maximum comfort to the patient and his companions both during the trip and during treatment.

There is a saying among our people that pain is easy to come, but difficult to leave. A person realizes the value of health only when he is seriously ill. However, it is better to prevent the disease than to cure it.

But, no matter what happens, we are all warm souls. One day we will be healthy and one day we will be in pain. Sometimes a person with a serious illness can't find a place to put himself. he thinks. This issue has become very relevant, especially at a time when free market relations are taking shape. On the one hand, if you have money, you can find a hospital and doctors who can cure your pain in any husband you want. On the other hand, you want to get rid of your pain completely without wasting the money you earn with forehead sweat, man.

Representatives of various intermediary tourism companies, which are organized to provide medical services to those seeking treatment in the market, immediately



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begin to offer their services as "labbay". At present, there are all the opportunities for treatment in various foreign countries for a small investment. If you wish, you can come for treatment in India or Germany, or even in the United States. But here the question arises: is it necessary to go to other countries to seek healing? To give a meaningful answer to this question, we would like to give a brief overview of tourism, which is organized primarily for the purpose of providing medical services. Medical tourism is a separate branch of various services, and today there is a great demand for services in diagnostics, plasma surgery, dentistry, dermatovenereology and traditional oriental medicine. Recently, representatives of various tourism intermediaries have appeared in Uzbekistan to provide medical services. As mentioned above, they are also offering treatment abroad to patients suffering from areas of medical care where demand is particularly strong. In this regard, our compatriots should be especially careful. The fact is that patients with severe pain will not be able to get rid of their pain unless they receive qualified medical care. On the contrary, the pain is likely to get worse. Most of the economic agents operating in the field of tourism, organized for the purpose of providing medical services, are far from medicine, and their main purpose is to make a profit. However, if a person is ill, the question of where and in whose "hands" treatment remains extremely important. In fact, the disease cannot be cured instantly by surgery. Treatment of this type of patient is always a long-term and systematic process. Therefore, medical tourism must be honest and high quality.

From a medical point of view, high-quality medical care for patients with the disease means a set of various diagnostic, therapeutic and rehabilitation measures of international standard. Successful implementation of such a treatment complex requires a carefully designed treatment plan based on strict discipline. In addition, patients receiving complex treatment in inpatient clinics are recommended to be under the supervision of a dispensary every 3, 6, 9 months in a medical facility attached to their area of residence.

In foreign clinics, clients seeking treatment are treated primarily based on their financial means. Simply put, they treat you as much as you can, and they respond as soon as you run out of money. In Uzbekistan, in some foreign countries, certain services are provided free of charge for a certain amount of money. Ultrasound



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scanning, computed tomography, biopsy, morphological verification of the detected tumor, various surgical operations are among such types of medical services.

The cost of treatment in clinics in foreign countries ranges from 100 US dollars to 2-3 thousand US dollars. The main part of the cost of treatment in foreign clinics is the purchase of air tickets, daily expenses for the accommodation of close relatives of the patient, the costs associated with the translation of documents, the cost of obtaining a visa, the cost of translation.

The implementation of economic reforms in the country will have a positive impact on various sectors. This is especially evident in the development of tourism, which plays an important role in the future of the world economy and countries. As a result of improving the quality of medical services, the number of tourists traveling around the world, especially in our country, is also increasing. According to the State Committee for Tourism Development, in 2018, 5346219 foreign tourists visited Uzbekistan. When these figures are calculated on a monthly basis, for example, it can be seen that February 2019 increased by 11.9% compared to February 2020. In the Address of the President of the Republic of Uzbekistan Shavkat Mirziyoyev to the Oliy Majlis, the priority of the Government is to turn tourism into a strategic sector of the economy, it imposes more important tasks for work in this area and means various reforms in the legislative system. Therefore, in the current situation, it is expedient to legally regulate medical tourism and analyze the challenges facing our country after the pandemic. First of all, it is necessary to explain the nature of medical tourism, its emergence, formation, the need for it and the nature of medical tourism services.

The first documented evidence suggests that the history of medical tourism dates back to the 3rd century BC. The first buds of medical tourism appeared in Greece, and going to the warm baths of the goddess Asclepius at Epidaurus helped to restore human health. In the ancient world, religion and medicine were closely intertwined. In particular, medical tourism in India developed at the same time as Yoga and Ayurveda. In the Arab world, a health care system has been formed that can meet the global demand for medical services, regardless of race or religion. Medical tourism originated in ancient times, and patients had to travel long distances to receive qualified medical care from the best doctors. In Russia, for example,



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aristocrats went to Germany or the Czech Republic for treatment "on the water." In general, since the 1980s, medical tourism has become a separate industry. N.Yu. Vlasova and A.O. Summarizing the historical evidence, Fechina divided the development of the international market of medical services into the following stages. These include the ancient, medieval Renaissance, the New Age, the period from the early twentieth century to the present.

As for medical tourism, this concept is relatively new to the legal system of the Republic of Uzbekistan, and it has already become a strong industry in the world community. Medical tourism is noted by scientists as a cross between two industries, namely health and tourism. while medical tourism is seen as a practice of receiving medical care in ordinary situations, on the other hand, this concept is understood to be irrelevant in the general sense for the use of medical services. It is also possible to cover medical tourism in the broadest sense of the word by providing medical services in close connection with the medical industry and hospitality, as well as temporary accommodation, business and other areas, such as legal aid, transport, communication services. Evgeny Gnedik described medical tourism as a type of tourist activity associated with the creation and sale of treatment and prevention services. In our opinion, the above approaches and definitions to the concept of medical tourism are derived from each feature of the industry. The concept may affect the essence of a one-sided approach to tourism or just treatment, but it will not matter to people. While many recover their health under the pretext of travel, on the other hand, it is only in the form of recreation. Therefore, the most appropriate definition of medical tourism will of course be related to health rehabilitation or prevention. The aspects that reflect several elements of medical tourism can be said to be primarily the result of the development of the world of tourism.

In the experience of foreign countries, it can be said that medical tourism provides people with highly qualified medical care, along with recreation outside their main places of residence. These activities include people resting on the slopes, in forests, around water bodies, in the bosom of nature, and at the same time using professional medical services. Medical tourism can have a variety of purposes: prevention, rehabilitation, treatment (including surgery). In particular, according to the Global Spa & Wellness Summit, by 2017, 50 percent of the medical tourism market will be



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in Asia, Latin America and the Middle East. It can be seen that the potential of medical tourism in these regions is growing and the impact of medical tourism on the economies of countries has grown significantly. The theoretical aspects of medical tourism have been extensively analyzed in international practice. Based on this experience, the following are the main factors in the implementation of medical tourism:

- under the influence of low prices, medical treatments in many countries are expensive and affordable medical tourism attracts many people;
- under the influence of modern medical technologies, as a result of medical equipment that allows you to perform medical procedures using the latest advances in medicine;
- under the influence of highly qualified medical care, through the use of medical tourism services in countries that provide the highest level;
- under the influence of the time factor, person using medical tourism may have to wait a long time for treatment in his home country or face various difficulties.