



## **International Conference on Modern Science and Scientific Studies**

Hosted online from Madrid, Spain

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### **TRAVEL TO UZBEKISTAN ABOUT ITS TOURISM TYPES**

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There are three main types of tourism in Uzbekistan: inbound, outbound and domestic tourism. Inbound and domestic tourism include the main and specialized tourist products: excursions to tourist attractions; accommodation in hotels, recreation areas, resorts, sanatoriums, tourist villages, home camps, camps; tasting national cuisine and wines; participation in festivals and festive events; convenient movement around the country.

All types of travel and recreation in Uzbekistan can be divided into sports, ethnic, youth, environmental, gastronomic, medical, cultural, event, pilgrimage, literary, winter, cycling and other types of tourism, for some of them seasonality is important, which should be taken into account when choosing a direction. Tourists who come to Uzbekistan travel alone, with friends or family, or with a guide who takes travelers to interesting and exciting places along a pre-planned route, depending on their goals and the budget planned for the year. travel.

A large number of travel companies in the country offer a wide range of tourist services, from small one-day narrow-purpose tours to complex multi-day tour routes, including visits to the most important and famous attractions of the country, which tourists can order. have a good rest, restore mental and physical strength, strengthen their health, get acquainted with the local culture of Central Asia and Uzbekistan, participate in festive, entertainment or sports programs and events, visit exhibitions and fairs, buy everyday and household items; as well as unique products and souvenirs.

### **HOLIDAY RESORTS**

Every year, the number of all-season resorts that meet international standards is increasing in Uzbekistan.

These include the resorts "Amirsoy", "Chimyon" and "Beldersoy" in the Bostanlyk region, resorts on the banks of Tudakul, Aidarkul, the tourist cluster "Bukhara Desert

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Oasis & Spa" and others. Uzbek resorts can offer comfortable accommodation, quality food and a good rest in the lap of nature.

Also, there are many sanatoriums in Uzbekistan that provide quality medical services and a good rest. As a rule, they are located in resort areas famous for their natural remedies for treating and improving the functioning of the whole organism. These include sanatoriums in Tashkent, Jizzakh, Surkhandarya and other regions of the republic.

### **NATURAL AREAS**



The natural zones of Uzbekistan consist of deserts and mountains. Favorable climate and geographical location allow the creation of agrotourism farms, ecocenters and natural areas in every region of our country. Agrotourism farms in Khorezm region, Syrdarya region hunting center - Kalgansyr, ecotourism center on Lake Karakyr, tokay groves in the Saykhun reserve and others are among them.

Kalgansyr is a hunting center in the Syrdarya region. This area has long been popular not only among hunters and fishermen of the Syrdarya region, but also annually attracts hundreds of hunting enthusiasts. All conditions for fishing and hunting have

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been created here for foreign and domestic tourists. During the peak of the hunting season, wild boars, pheasants, wild ducks, geese and other animals are hunted in this area. The beautiful river, wild nature, the diversity of fauna, as well as various conditions for the life of tourists are good reasons to visit this region. Here you can stay in your own house or pitch tents. The tokay forests of the Saikhun Reserve are unusual elongated oases located on the banks of the endless rivers of Central and Central Asia, such as the Syrdarya and the Amu Darya. The tokay forests have become a vast flora and fauna. The famous Asian poplars grow here, which create a unique microclimate and a unique mysterious atmosphere.

The ecotourism center on Lake Karakyr and the forest and hunting farm, located 40 km from Bukhara, specialize in hunting tourism. The area of the center is twelve thousand hectares. Interestingly, the beautiful ecocenter and Lake Karakyr are located in the middle of the desert, and not only fishing is developed here, but also hunting. People from all regions of Uzbekistan come to the ecocenter to enjoy horse and camel rides in the lap of nature, hunting wild animals, and bathing in healing springs.

## **NATIONAL PARKS AND RESERVES**



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The nature of Uzbekistan is extremely diverse, so the role of reserves, nature parks, sanctuaries, and nurseries in preserving the flora and fauna of our country cannot be overestimated. Uzbekistan has a fairly extensive network of protected areas covering many biocenoses and ecosystems.

Today, Uzbekistan has 8 reserves, 2 national nature parks, 9 state reserves, as well as the "Dzeyron" Republican Ecocenter for breeding rare animal species. The Red Book of Uzbekistan includes 184 species of animals, including 48 species of birds and 25 species of mammals.



### **CITY PARKS**

The most favorite place for spending free time for Uzbeks and guests of our country is recreation and cultural parks. All cities of Uzbekistan have recreation parks with various thematic directions, ecological and ethno parks, literary and memorial parks. Among the famous recreation parks in the city are the "Valley of Legends" in Namangan, "Navruz" and Ecoparks in Tashkent, the Babur Recreation Park in Andijan, and others. Uzbekistan can offer not only excursions to historical architectural monuments, but also interesting places to relax with family and friends.



# E CONF SERIES



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Themed parks and gardens, water parks and swimming pools, bowling and golf clubs, karaoke and bars - here you can choose a place to relax for every taste.

### **SPORTS FACILITIES**

Great attention is paid to the development of sports in Uzbekistan. International the high sports achievements achieved on the field, the presence of many sports facilities in our country are proof of this. Today there are more than 50 thousand of them.

Including "Humo Arena", "Pakhtakor", "Milliy" stadiums, tennis courts, equestrian clubs, ice rinks and others.