

Website: econfseries.com

24th February, 2025

LIFE SAFETY TRAINING AS AN EDUCATIONAL ISSUE

Saidova Z. G. Senior Lecturer at the Training Center for Life Safety of the Emergency Situations Department of the Bukhara Region

Annatotiya

In article information on training in a health and safety Course is given. In it opinions of researchers and elimination of the emergency situations of natural, technogenic and ecological character happening on the planet are discussed.

Keywords: medical statistics, mental training, abilities, analysis, civil protection, qualities, selfless actions, disasters, character.

Elimination of natural, man-made and environmental emergencies on the planet, reducing their potential damage, ensuring the protection of human life and health are the most important problems of our time. It should be noted that since the beginning of the 21st century in our country, in particular, during the Renaissance of New Uzbekistan, within the framework of the ongoing large-scale reforms, the issue of ensuring a safe life for all segments of the population has become an urgent problem. The provision of the production process with unprecedented technologies threatens the complication of certain negative situations in natural development, public health, environmental cleanliness and sustainable economic development. Where there is development, the scope of risk is expanding. Therefore, the protection of citizens is closely related to sustainable development.

In increasing national statehood and economic independence, the powerful intellectual potential of Uzbekistan in the framework of large-scale political, legal, spiritual and educational events, a special place is occupied by the protection of the population and territories from various situations, the preservation of safety and human health. This area is one of the priorities of national public policy. Considering that a person is the manager and steward of society and nature, improving his lifestyle is an important factor in progress.



Website: econfseries.com

24th February, 2025

From the first days of our country's independence, the main goal is to improve the way of life of citizens, protect them from various influences, and protect them in any situation. The concept of life safety includes the safety of the environment during production, living and human activities, which ensures its protection from natural and man-made situations, protection from war and terrorist attacks, as well as the safety of its life.

Even in those days, earthquakes, volcanoes, floods, floods and other natural disasters caused significant damage to their weak and rare tribes. Humanity analyzed the cold wars of the past, modern weapons used in peacetime, various disasters and other problems and determined the events of the new century with a comprehensive justification.

By the end of the 20th century, issues of ensuring a safe life became an urgent problem, since the provision of production with highly developed technologies, the complication of some unfavorable situations in natural development jeopardize public health, environmental cleanliness and sustainable economic development. Therefore, it is important to protect the people and territory of Uzbekistan from various situations, to ensure environmental safety, especially the protection of civil labor. The work of the First President of our country I.A. Karimov "Uzbekistan in the 21st century: a threat to security, conditions of stability and guarantees of development" details the integrity of our state, problems that threaten the security of the population. He admitted that "the problem of environmental safety has already gone beyond national and regional frameworks and has become a common problem of all mankind."

Today, special attention is paid to preparing students for civil protection and preventing natural disasters. Natural disasters are natural phenomena that arise as manifestations of the vagaries of nature, leading to a change in the way of life of a person in a brochure, as well as causing "numerous destruction, destruction of material values," which lead to numerous tragedies. " In turn, emergencies increasing from year to year, the economic costs of their elimination require a special approach to the problem. There is a need to pay more attention to the prevention, prevention and protection of the population from possible emergencies.



Website: econfseries.com

24th February, 2025

One of the main ways to survive and reduce the number of victims of emergency situations is to teach all categories of the population, including students, the correct actions in emergency situations. Before preparing for emergency situations, it is advisable to give students an idea of the essence and meaning of this concept. Although scholars observe differing opinions on the subject, there are certain similarities in the descriptions.

Protecting citizens from various influences is one of the urgent tasks of today. Due to man-made accidents and disturbances of the ecological balance caused by earthquakes, landslides, floods and other natural disasters in our country, it is important to carry out rescue and restoration work in the territories affected by their consequences, including labor protection of citizens, sectors of the national economy, material resources and nature from the tasks. In solving these tasks, it is possible to achieve a reduction in the scale of material and moral losses in any situations, only as a result of an in-depth analysis of labor safety in the life of citizens in natural disasters, industrial accidents and emerging environmental situations characteristic of the region of Uzbekistan. In situations that arise between man and nature or for other reasons, a person may be helpless. At the same time, for the formation of knowledge on the security system among students of continuing education, in particular, in higher educational institutions, it is required:

1) specification of the system for the development of students' life safety skills;

2) determination of the educational goal, content, means and methods of ensuring the safety of life of students;

3) studying the pedagogical conditions of the system for developing students' life safety skills;

4) creation and introduction of scientifically based educational literature into pedagogical practice to improve the practice of ensuring the safety of students' continuous life.

ensuring the safety of students in the learning process, reducing the number of accidents in educational institutions; promoting interest in occupational safety and health; consciously respond to safety; popularizing new security tools; introduction of modern working environment and safety equipment into the educational process; at each workplace healthy and safe work and training. Life is the most important



Website: econfseries.com

24th February, 2025

condition for everyday work and rest, as well as for people's lives. To satisfy his material and spiritual interests, a person changes his home and environment. Therefore, the Life Safety Course examines the complex relationship and influence between the human body and its environment.

Conclusion

Currently, special attention is paid to the development of modern technical and chemical means of localization and elimination of the consequences of emergency situations. New means of eliminating accidents with oil and oil products, microbiological preparations have been created and are being improved, which will make it possible to clean the soil and water bodies from pollution with hydrocarbon substances. In general, if the training of students within the framework of these topics is carried out effectively by teaching the Life Safety Course, then all segments of the population will be able to provide the necessary assistance in case of emergencies.

Literature used.

1. Karimov I.A. Uzbekistan in the 21st century: a threat to security, conditions of stability and guarantees of progress. - Tashkent: Uzbekistan, 1997.

2. Devisilov V.A. Distiplina "Life safety" in the system of higher professional education//Educated and science, $2009. - N_{2} 5$ (62). - S. 91-104.

3. Juraev R.Kh., Tailakov U.N. Software pedagogical tools used in electronic education//Continuing education. - Tashkent, $2013. - N_{\odot} 3. - B. 76-82$.

4. Efimova V.M., Skoromnaya N.N., Yatskova L.P. First aid provided to usloviyax chrezvychaynyx situatsiy in the preparation of buduchix spetsialistov//Problems of modern pedagogical education, $2017. - N_{\odot} 54$ (2). - C 115-122.