



INTERPERSONAL COMPATIBILITY AND INFLUENCE CHARACTERISTICS IN STUDENT GROUPS

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ANNOTATION:

For university students, the educational environment is not only a place for acquiring academic knowledge but also a space for personal development and self-formation. One of the critical factors in this process is the formation of interpersonal relationships within the group. Through interpersonal interactions, students develop social connections, receive psychological support, and strengthen mutual trust. The willingness to harmonize opinions, the formation of constructive approaches in conflicts, and the overall psychological characteristics and influence mechanisms are central themes of this research. These aspects are analyzed in relation to educational tasks and the structure of interpersonal communication skills.

Keywords: Psychological influence, communication, active listening, optimism, hypothesis, student group, students' cognitive activity, initiative, empathy, educational activity, learning object.

In student groups, these relationships are formed through mutual understanding, cooperation, social support, and conflict resolution. Such processes depend on a person's level of social activity, empathy, and communication skills. Moreover, through interpersonal relationships, students gain the opportunity to solve various problems together, develop mutual respect, and improve the learning process. During these processes, personal skills and social experience are acquired.

The importance of interpersonal relationships in student groups:

The student group is considered an important space for youth socialization. Interpersonal relationships within it: Ensuring psychological stability is mainly achieved through positive relationships, strengthening friendship and trust among students. This reduces their stress levels and increases psychological calmness.



Psychological stability means the ability of a person to adapt to stressful situations and maintain inner calmness. This is very important in students' lives, as they often worry about their studies, social relationships, and the future. Positive interpersonal relationships ensure the following:

- Emotional support: Friends and peers allow the student to express their emotions. This reduces levels of depression and anxiety.
- Reducing stress: The feeling of support and cooperation in a group helps the student feel that they are not alone. For example, completing difficult tasks together eases stress.
- Creating an optimistic environment: Conversations that encourage positive thinking and hope motivate the student to overcome difficulties.

By ensuring psychological stability, students become more resilient to challenges and can focus more on their studies.

Enhancing academic success. The processes of working together and sharing knowledge strengthen mutual support. For example, in group projects, students learn new things from each other and move toward a common goal.

Positive relationships among students can significantly improve academic performance. This is achieved through the following factors:

- Mutual assistance and support: Students explain unclear topics to one another or complete complex assignments together. This accelerates knowledge exchange.
 - Increasing motivation: Healthy competition and mutual encouragement within the group increase students' interest in lessons.
 - Joint use of information resources: Studying lesson materials together, conducting research, or sharing library resources allows students to access more information.
 - Strengthening confidence: By praising and supporting each other, group members increase self-confidence. This, in turn, ensures their active participation in lessons.
- Academic success is not only the result of individual effort, but also arises from collaborative teamwork.



Supporting personal development. In a group, students learn different social roles and develop their skills. At the same time, by communicating with people of different cultures and characters, students broaden their worldview and develop tolerance.

In the process of personal development, students enhance their abilities, gain new experiences, and strengthen their self-confidence. Interpersonal relationships play an important role in this process:

- **Developing social skills:** Through communication with each other, students improve their abilities in communication, listening, and understanding others.
- **Getting acquainted with different experiences:** There may be students with different cultures and perspectives in the group. By exchanging ideas, they broaden their worldview.
- **Developing leadership skills:** During group projects and other teamwork activities, students have the opportunity to test themselves as leaders.
- **Increasing responsibility:** In the process of working together, students feel responsible not only for themselves but also for the overall success of the group and their close teammates. This strengthens their sense of responsibility.

Being in an environment of positive relationships supports students in fully realizing their potential for personal development.

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