



THE PRACTICAL IMPORTANCE OF PSYCHOLOGY IN CHILD UPBRINGING

To'ychiyev Umidjon G'ulomjon o'g'li

Namangan District Specialized school

gmail: utuychiyev092gmail.com, tel: +998 90 554-09-18

Abstract

A child's personality, moral views, attitude towards work, and place in society are primarily formed within the family. Mutual respect between parents, their love and care for the child, and consistency in upbringing lay the foundation for the child's healthy and well-rounded development. This article discusses the invaluable role of the family in raising a child. It also presents important ideas about common mistakes in family upbringing, their negative consequences, and ways to prevent them.

Keywords. Child, parents, personality, psychology, family, a possessive family, educational tool, human, negative influence.

Introduction

Family is the main institution of traditional education. The child will keep the education he received in the family during his youth throughout his life. A child spends the main part of his life in the family, no educational tool can compete with the family in terms of its influence. The foundations of the child's personality are formed in the family, and the child is formed as a person when he goes to school.

Main part

The family can be a factor of human and negative influence on children. A positive influence on the child's personality is that no one in the family, except for the closest people to the child parents, grandparents, siblings, loves and cares about the child like them. At the same time, the family can have a negative impact on the formation of a child's personality and their upbringing. The family is a special community, it has the main place in education.



International Conference on Medical Science, Medicine and Public Health

Hosted online from Jakarta, Indonesia

Website: econfseries.com

30th September, 2025

Taking into account the unique educational importance of the family, it is necessary to increase the positive impact of the family on the child and reduce its negative impact. For this, it is necessary to clearly define the internal family sociopsychological factors of educational importance.

The main thing in raising a child is to achieve emotional closeness and moral connection between parents and children. Parents should never leave the parenting process alone, especially when the child is growing up. The child learns the first life experience in the family, observes and learns how to behave in different situations. Whatever we teach the child, it should be reinforced with concrete, real life examples, the child should see that what the adults say is true in practice (for example: if the child hears every day from his parents that it is impossible to lie, but the parent does not realize it if they do not follow such a rule, there will be a gap in the upbringing of the child). Every parent sees their successors in their children. They want their children to be the person they want to be.

The first duty of parents - to come to a common decision, to convince each other, if the father or mother should take into account the opinion of the other side before accepting any decision.

The second task of parents is that the child should not see opposition in the views of his parents, it is necessary to discuss the problem separately.

Parents should think about the benefit of the child, not themselves, when making decisions. The following should be followed in communication between adults and children.

1. A child should be accepted as he is.
2. Adults should look at problems through children's eyes and make judgments. Parents love their children no matter what (ugliness, joy, lack of dexterity). The child is accepted as he is. If the child conforms to the wishes and wishes of the parents, that is, if he studies well, has excellent behavior, if the child does not respond to the parents' students, then the parents will alienate the child from them and the relationship with the parents will change for the worse.

This causes significant difficulties, the child does not trust his parents and their kindness. In some families, the child is not accepted by the parents at all. They are indifferent to the child and push him away from them (for example: a possessive



International Conference on Medical Science, Medicine and Public Health

Hosted online from Jakarta, Indonesia

Website: econfseries.com

30th September, 2025

family). But even in good and peaceful families there are cases of indifference towards the child (for example: the birth of an unexpected child, the mother is beautiful but the daughter is ugly, which makes the mother angry). There are many mistakes in raising a child in the family. Among them, one of the most common ones is my parents' excessive demands for prestige and their desire to dominate. When every step of the child is controlled, the independence of his character is destroyed. The child loses confidence in his own strength and capabilities. It begins with the demands of obedience without the formation of inner desires and aspirations. One of the types of mistakes in family upbringing is related to the fact that my child is a man, and there is no demand for him. In this case, parents sometimes do not sufficiently assess the child's capabilities and do most of the work themselves. As a result, the child does not develop independence, enthusiasm for work, and a sense of responsibility for assigned work. The child can't choose his work, he can't bring it to the end, he has no will. In the formation of the child's personality in the family, the good relationship between the head of the family and the child, respect and attention to the family members, the correct upbringing of the child's relationships in the family is equal to the enthusiasm of the parents for the upbringing of children, the correct order and good habits established in the family, the correct attitude of the parents to work and social life events. it is important that they be. In raising a child, it is important for the parents to behave towards each other, to be able to behave themselves, and all the rules of behavior in the family should be followed. Respect for elders, caring for children, kindness to each other, especially women, should become a habit and a rule.

It is a father's important duty to teach children to respect and be kind to their mother. Usually, boys try to be like their fathers, and girls try to be like their mothers, imbibing their good qualities. Both father and mother contribute to the upbringing of the child. If the mother is caring, kind, cheerful, the father is strong, courageous, strict, and cares for the mental and physical development of the child, the mother is concerned about behavior, behavior, feelings, sophistication. Both father and mother are equally responsible for the mental, moral and physical development of the child, because the sole purpose of education is to educate the individual. A healthy family environment is of great importance in the formation of a child's personality. Mutual



International Conference on Medical Science, Medicine and Public Health

Hosted online from Jakarta, Indonesia

Website: econfseries.com

30th September, 2025

respect, trust and loyalty between parents in the family directly affects children's happy, cheerful growth, normal upbringing, and the creation of a healthy environment in the home.

Family members should respect each other, sacrifice for each other, and have a good relationship. If there is always sincerity and cheerful spirit in the family, it will have a positive effect on the mood of the family members. Where there is injustice, rudeness, anger, nervousness, there will be no happiness. Even a small quarrel in the family affects the mental state of the child first, causing them to develop bad habits will come. When the children grow up, they also act like what they saw in the bird's nest. Parents are obliged not to disrespect each other, not to lower their reputations, to resolve family disputes in the absence of the child. A child is not born with bad or good character. In the process of his growth, the family environment, the influence of parents, people, and the relationship in the environment play a decisive role. Family harmony, harmony, mutual respect and support, kindness, hard work and correctness have a positive effect on the child. Morality is one of the forms of social consciousness, which includes moral norms and rules of people's behavior, their attitude to others, to work, to society. Morality has a historical character, because it reflects common experiences and attitudes accumulated by generations in the society of individuals. Ethics discusses the problems between scientific good and evil and illuminates the path of human perfection. It is not wrong to say that every person is a world, and his morals are very complex. Ancient Greek philosophers Plato and Aristotle put forward the idea that the society should take over the upbringing of children, and the state should do all the necessary work in the education process. They wanted to prove their opinion that child education is related to the interests of society. Accordingly, the idea that the state should mainly deal with child education was put forward. However, Eastern thinkers came to the conclusion that parents should be mainly involved in child education, thus they paid great attention to the role of family education.

Conclusion

This article discusses the role of the family in raising a child, the responsibility of parents, and the impact of the family environment on the child's personal



International Conference on Medical Science, Medicine and Public Health

Hosted online from Jakarta, Indonesia

Website: econfseries.com

30th September, 2025

development. The author analyzes common mistakes made in family upbringing, their consequences, and ways to eliminate them. In conclusion, it is emphasized that a healthy and loving family environment is a decisive factor in raising a well-rounded individual.

Bibliography:

1. Decree of the President of the Republic of Uzbekistan 07.05.2017 PF-№-5106 "On improving the effectiveness of the state youth policy and supporting the activities of the Youth Union of Uzbekistan"
2. Asmolov A.G. "A word about religious tolerance" // Family poster of the all-Russian contest "School of Religious Tolerance". - M.: Bonfi, 2001. - S. 32-34.
3. Information-analytical document "Youth of Uzbekistan: spirituality, life faith, outlook on the future" obtained as a result of social survey, 2017. -69 c. ection 3.-S. 38-44.